



*Quality food, at a reasonable price*

## CATERING MENU



253-854-4192

Serving the South Sound Area

 Mama Ruth's Inc  
 [mamaruthscatering@gmail.com](mailto:mamaruthscatering@gmail.com)

[mamaruthscatering@gmail.com](mailto:mamaruthscatering@gmail.com)



Quality food, at a reasonable price

## WHY MAMA RUTH'S?



QUALITY FOOD  
REASONABLY PRICED

WE HAVE A LARGE VARIETY OF THE  
HIGHEST QUALITY AND FRESHEST FOOD  
THAT WE HAND PICK FOR YOU!

OFFERING EXCEPTIONAL



ITALIAN

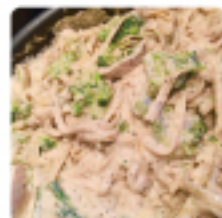


SEAFOOD

SOUL FOOD



BBQ



SPECIAL REQUESTS

## **SALADS**

**Garden Salad** - Romaine Lettuce, Cherry Tomatoes, English Cucumbers, Orange & Red Peppers, Red Onion & Garlic Butter Croutons.

**Caesar Salad** - Romaine Lettuce, Shredded Parmesan Cheese, Garlic Butter Croutons.

**Grilled Chicken Caesar Salad** - Grilled Sliced Chicken Breast, Romaine Lettuce, Shredded Parmesan Cheese, Garlic Butter Croutons.

**Grilled Chicken & Shrimp Salad** - Grilled Sliced Chicken Breast, Sautéed Shrimp, Cherry Tomatoes, Romaine Lettuce, Shredded Parmesan Cheese, Garlic Butter Croutons.

**Salmon Caesar** - King Salmon, Romaine Lettuce, Shredded Parmesan Cheese, Garlic Butter Croutons.

**Dressing Choices:** Caesar, Balsamic Vinaigrette, Thousand Island, Golden Italian, White Balsamic, Blue Cheese or Honey Mustard.

**Macaroni Salad** with/or without Ham

**Home Style Potato Salad** (has eggs in it)

**Baby Reds Potato Salad**

**Spicy Coleslaw**

## **SEAFOOD**

**Crab Legs** - King or Dungeness.

**Lobster Tails** - Large Rock Lobster Tails or Petite Lobster Tails.

**Catfish** (fillet)

**Fresh Salmon** (whole) - King, Sockeye (when in season) or Coho (when in season), Grilled on Cedar Planks or Fried.

**Fresh Halibut** (whole) (when in season), Grilled on Cedar Planks or Fried.

**Steelhead Trout** - Grilled on Cedar Planks or Fried.



**Oysters** - Deep Fried Only.

**Optional/Marinades/Rubs for Seafood** - White Wine, Garlic & Lemon, Smoky Brown Sugar & Paprika, White Balsamic, Lemon or Honey Lime Sracha.

253-854-4192

Serving the South Sound Area



 Mama Ruth's Inc  
 mamaruthscatering@gmail.com



## CHICKEN & POULTRY

**Dark Meat** (drumsticks, thighs) - Fried & Smothered in Gravy (onion, garlic & mushroom), Baked or BBQ **White Meat** (breast & wings) - Fried & Smothered in Gravy (onion, garlic & mushroom), Baked or BBQ.

**Boneless Chicken Thighs** - Grilled or Teriyaki.

**Party Wings** - Fried, Baked or Grilled.

**Chicken Leg Quarters** - Grilled or Baked.

**Cornish Hen** - Baked, Fried or Smothered in Gravy (onion, garlic & mushroom).

**Optional Marinades/Sauces for Chicken** (no charge) - Lemon Pepper, White Wine & Garlic, Pineapple Habanero, Spicy Buffalo, Sweet & Spicy, Rosemary Garlic, White Balsamic, Honey Chipotle or Tennessee Whiskey. Turkey - Fried (whole), Baked or Smothered in Gravy (onion, garlic & mushroom).

## BEEF

**Steak** - (t-bone, rib eye, sirloin, filet mignon) Grilled, Teriyaki, or Smothered in Gravy (onion, garlic & mushroom).

**Flat Iron Steak** - Grilled or Smothered in Gravy (onion, garlic & mushroom).

**Beef Brisket** - Flat Trimmed or Whole

**Angus Beef Roast** - with Potatoes, Baby Carrots, Celery, String Beans, Onion, & Baby Bella Mushrooms.

**Beef Ribs** - Boneless, Rack, Short Ribs, or Flanken Style Short Ribs.

**Grass Fed Beef Hot Links**

**Beef Oxtails** (trimmed) Red Wine Braised or BBQ

**Prime Rib** (whole)

**Optional Marinades/Sauces for Chicken** (no charge) - Honey Garlic, Smoky Brown Sugar & Paprika, Applewood, Maple, Mesquite, Texas Smokehouse, Worcestershire & Garlic.

## PORK

**Ribs** - Baby Backs, St. Louis or Country Style Ribs.

**Pulled Pork** (cooked in special seasonings)

**Pork Chops/Pork Steaks** - Fried, Baked or Smothered in Gravy (onion, garlic & mushroom).

**Beer Soaked Bratwurst**

**Stuffed Pork Loin** (asparagus, sun dried tomatoes & havarti cheese)

**Optional Marinades/Sauces for Chicken** (no charge) - Smoky Brown Sugar & Paprika, Applewood, Pineapple Habanero, Honey Garlic, Maple, Mesquite & White Balsamic.

253-854-4192

Serving the South Sound Area



 Mama Ruth's Inc  
 mamaruthscatering@gmail.com

## PASTAS

**Chicken Alfredo** - Grilled Chicken Breast in a Basil Alfredo Sauce with Homemade Pasta, topped with Shredded Parmesan.

**Chicken & Shrimp Alfredo** - Grilled Chicken Breast & Shrimp in a Basil Alfredo Sauce with Homemade Pasta, topped with Shredded Parmesan.

**Lemon Basil Shrimp Alfredo** - Grilled Shrimp in a Basil Alfredo Sauce with Homemade Pasta, topped with Shredded Parmesan.

**Seafood Alfredo** - Grilled Shrimp & Scallops in a Basil Alfredo Sauce with Homemade Pasta, topped with Shredded Parmesan.

**Spaghetti & Meatballs** - 100% Angus Beef, Garlic Basil Marinara

**Penne Pollo** - Penne Pasta in a Garlic Basil Marinara with Baby Spinach, Baby Bella Mushrooms & Your Choice of Grilled Chicken or Mild Italian Sausage.

## SIDES

**Baked 3 Cheese Macaroni**

**Collard Greens with Smoked Turkey**

**Sautéed String Beans with Bacon & Onion**

**Red Beans & Rice** (has smoked turkey in it)

**Pinto Beans & Rice** (has smoked turkey in it)

**Great Northern Beans** (has smoked turkey in it)

**Sweet & Spicy Baked Beans with Bacon**

**Yukon Gold Mashed Potatoes** - Garlic, Regular or Cheesy Garlic.

**Southern Style Gravy** (has onions & garlic in it)

**Lemon Pepper Asparagus**

**Roasted Garlic Veggie Medley**

**Steamed Broccoli**

**Baked Potato** - Regular (butter & sour cream), or Loaded (butter, sour cream, bacon cheese & chives).

## DESSERTS

**Peach Cobbler**

**Triple Chocolate Cake**

**Pineapple Upside Cake**

**Strawberry Cake** with Fresh Strawberries

**Banana Pudding**

**Sweet Potato Pie** with Graham Cracker Crust

## ROLLS/BREADS

**Cheddar Garlic Rolls**

**Garlic Bread**

**Oven Baked Rolls (plain)**

**Honey Butter Corn bread**

253-854-4192

Serving the South Sound Area



 Mama Ruth's Inc  
 mamaruthscatering@gmail.com



## SPECIALTY ITEMS

**Cheese, Meat & Cracker Variety** (feeds 10-12)

**Fruit Tray** (feeds 10-12)

**Cookie Tray** (feeds 10-12)

**Catfish Po'boy** - Catfish fillet, Roma Tomatoes, Red Onion, Romaine Lettuce, Tarter Suace & Creole Sauce on Toasted Sourdough French Roll.

**BBQ Rib Sandwich** - Quarter Slab of Baby Back Pork Ribs, Caramelized Onions & BBQ Sauce on a Toasted Sourdough French Roll.

**Stuffed Peppers** - Made with 100% Angus Hamburger Meat, Jasmine Rice, Onion & Tomatoes.

**Wet Burritos** - Choice of Chicken, Beef or Steak. Filled wiht Cilantro, Rice, Special Seasonings & Pinto Beans, Topped with Cheese & Special Sauce.

**Applewood Salisbury Steak Patties** - Made with 100% Angus Beef, Smothered in an Onion & Baby Bella Mushroom Gravy.

**Surf & Turf Potatoes** - Garlic Roasted Potatoes Topped with Steak, Shrimp, Garlic, Cheddar & Mozzarella Cheese, Bacon, Butter & Green Onions.

**Cajun Seafood Gumbo** - King Crab, Dungeness Crab, Okra, Tomato, Shrimp, Grilled Chicken, Sausage Variety & Hot Links.  
(no pork options available)

**Fried Rice** - Chicken, Shrimp, Beef or House (chicken, shrimp & beef)

**Peppered Steak** - Sliced Steak Sautéed in Onions, Garlic, Red, Yellow & Green Peppers.

**Basil Lemon & Garlic Seafood Bake** - King Crab, Jumbo Shrimp, Petite Lobster Tails, Hot Links, Smoked Sausage, Corn on the Cob & Red Potatoes.

**Dirty Rice** - 100% Angus Hamburger Meat & Smoked Beef Sausage, Red & Green Peppers & Onions.



**Southern Style Cabbage with Smoked Turkey**

**Cajun Succotash** - Shrimp, Corn, Okra, Tomatoes & Polish Kielbasa



253-854-4192

Serving the South Sound Area

 Mama Ruth's Inc  
 mamaruthscatering  
mamaruthscatering@gmail.com

# GET MAMA RUTH'S DINNERS DELIVERED DAILY!

## MAMA RUTH'S WEEKLY MENU

### MONDAY FISH FRY

- Seafood Combo** - 1 Catfish filet, 1 Cod Filet, 4 Jumbo Shrimp, Fries, Honey Butter Cornbread Muffin or Roll & choice of 1 side. Comes w/ Hot sauce, tartar sauce & ketchup. \$20
- Catfish Po Boy** - Deep Fried Catfish Filet, Roma tomatoes, Red onion on a toasted sourdough hoagie & fries. Comes with a side of tartar sauce \$17
- Fried Lobster & Shrimp Basket** - Two 6 oz. lobster tails, butterflied, coated & deep fried w/ jumbo shrimp & fries. Comes with choice of 1 side, Roll, ketchup, hot sauce, tartar sauce. \$30
- Buffalo Catfish Nuggets & Fries** - Comes w/ Honey Cornbread Muffin or Roll & Drink \$15
- Shrimp Basket** - Jumbo Shrimp, Fries, Honey Cornbread Muffin or Roll & Drink \$17
- Additional Lobster Tail** - \$10 *Want a bigger size Lobster Tail? Call to inquire.*
- SIDES 8 oz.:** Macaroni Salad \$3 · Collard Greens \$3 · Potato Salad \$3 · 3 Cheese Mac \$4

### ITALIAN TUESDAY

- Ultimate Alfredo Pasta** - homemade pasta noodles w/ Grilled Chicken & Broccoli in a creamy basil garlic alfredo sauce topped w/ Lemon Basil Shrimp & garnished w/ grilled butterflied petite lobster tails topped w/ shredded parmesan cheese. Comes w/ Garlic Cheddar Muffin & Parmesan Caesar Salad \$30
- Cajun Alfredo Bread Bowl** - Grilled Chicken, Shrimp, Andouille Sausage, Penne Pasta & Cajun Butter Alfredo Sauce stuffed in a Garlic Butter Toasted Bread Bowl. Comes w/ Parmesan Caesar Salad \$20
- Lemon Basil Alfredo Pasta** - Homemade Pasta noodles tossed in a creamy garlic alfredo sauce w/ Broccoli and topped w/ lemon basil shrimp, shredded parmesan cheese. Comes w/ Garlic Cheddar Muffin & Parmesan Caesar Salad \$18
- Chicken Alfredo Pasta** - homemade Pasta Noodles w/ Grilled Chicken, Broccoli & Shrimp tossed in a creamy garlic alfredo sauce and topped w/ shredded Parmesan cheese. Comes w/ Garlic Cheddar Muffin & Parmesan Caesar salad \$16
- Chicken & Shrimp Alfredo Pasta** - homemade Pasta Noodles w/ Grilled Chicken, Broccoli & Shrimp tossed in a creamy garlic alfredo sauce and topped w/ shredded Parmesan cheese. Comes w/ Garlic Cheddar Muffin & Parmesan Caesar Salad \$17
- SIDES:** Lemon Basil Shrimp \$5 · Butterflied Lobster Tail 6 oz. \$10 · Garlic Cheddar Muffin \$1
- Salad upgrade to Large Size \$5 extra**

### WILDCARD WEDNESDAY

\*\*\*\*\*CHECK FACEBOOK PAGE OR CALL FOR SPECIAL\*\*\*\*\*

### SOUL FOOD THURSDAY

- Creole Seafood Gumbo** - Dungeness Crab Legs, Lump Blue Crab, Shrimp, Okra, Tomatoes, Grilled Chicken, Baby Lobster Tails. 32oz bucket, comes with 8oz side of rice & crackers \$18
- Fried Buttermilk Chicken Dinner** - 3 piece (Wing, Leg, Thigh) fried chicken w/ baked 3 cheese mac and collard greens w/ smoked turkey. Comes w/ honey butter cornbread muffin \$17
- Mixed 6 Chicken Combo** - 6 Piece (two wings, two thighs, two drumsticks) Fried Buttermilk chicken only. Comes w/ Roll \$12
- Fried Buttermilk Pork Chop Dinner** - 2 Fried Pork Rib Chops w/ baked 3 cheese mac & Collard Greens w/ smoked turkey. Comes w/ cornbread muffin \$18
- Fried Rib Dinner** - Baby Back Pork Ribs fried crispy in a smoky brown sugar buttermilk coating w/ baked 3 cheese mac & collard greens w/ smoked turkey. Comes w/ cornbread muffin \$20
- Buttermilk Chicken Strip Dinner** - 4 extra crispy fried chicken strips, Yukon gold garlic mash & Fiesta Corn. Comes w/ Roll & Drink \$16
- Ribs Only** - 8 Piece Fried Baby Back Ribs. Comes w/ choice of sauce & Roll, Drink \$20
- SIDES 8 oz.:** Baked Three Cheese Mac \$4 · Collard Greens with Smoked Turkey \$3 · Macaroni Salad \$3
- Home style Potato Salad \$3 · Pinto Beans with Smoked Turkey 8 oz. \$3 · White Jasmine Rice \$3 · Corn bread Muffin \$1**

### BBQ FRIDAY

- Kings Combo** - BBQ chicken drumstick, Baby back pork ribs, beef rib, Louisiana hot link w/ sweet & spicy beans & potato salad. Comes w/ roll. \$20
- No Pork Kings Combo** - BBQ drumstick, beef rib, smoked chicken apple sausage, beef brisket w/ sweet & spicy beans & potato salad. Comes w/ roll. \$20
- Beef Brisket Dinner** - Applewood smoked brisket w/ sweet & spicy beans & potato salad. Comes w/ roll. \$20
- Baby Back Pork Ribs** - Full Slab \$25 · Half Slab \$13 · Quarter Slab \$10
- BBQ Chicken Dinner** - 3 BBQ drumsticks, w/ sweet & spicy Beans & Potato Salad. Comes w/ Roll \$20
- SIDES 8 oz.:** Baked Three Cheese Mac \$4 · Collard Greens with Smoked Turkey \$3 · Home style Potato Salad \$3
- Macaroni Salad \$3 · Pinto Beans with Smoked Turkey 8 oz. \$5 · White Jasmine Rice \$3 · Louisiana Hot Links \$3**
- Smoked Chicken Apple Sausage \$3**

### SPECIALTY SATURDAY & SUNDAY BREAKFAST/BRUNCH

\*\*\*\*\*CHECK FACEBOOK PAGE OR CALL FOR SPECIAL\*\*\*\*\*

**DRINKS:** Soda \$1.50 · Bottle Water \$2





*Quality food, at a reasonable price*





In order to provide our catering clients with the best pricing quote, we request our clients to provide us with the specific items that you want for your event, number of people attending and if you would like to Pick-up, Drop-off only or set-up, serve & take down service.

Please send all catering requests, along with your name, contact number and date of event to:

**[mamaruthscatering@gmail.com](mailto:mamaruthscatering@gmail.com)**

**253-854-4192**

Serving the South Sound Area

 Mama Ruth's Inc  
 [mamaruthscatering](https://twitter.com/mamaruthscatering)  
[mamaruthscatering@gmail.com](mailto:mamaruthscatering@gmail.com)